- (1) a person (including a referee at a sports competition) must wear a mask at all times within any swimming pool except when the person is swimming, drinking, having a shower, walking from a changing room to a pool or vice versa, walking from a pool to another pool, or, where there is a distance of at least 1.5 metres or some form of partition which could serve as effective buffer between the person and any other person, is doing warm-up exercise;
- (2) body temperature screening on a person must be conducted before the person is allowed to enter the swimming pool;
- (3) hand sanitisers must be provided at the swimming pool for any person therein;
- (4) manager of the premises must apply for a location-specific LeaveHomeSafe venue QR code for the premises by registering on or before 2 December 2020 on the Government website (https://www.leavehomesafe.gov.hk/en/registration/599F/) and must display the QR code obtained at the entrance of the premises or at a conspicuous position within two working days upon receipt of the QR code;
- (5) the number of persons to be allowed at any one time must not exceed 50% of the designed capacity of the swimming pool;
- (6) subject to paragraphs (9) and (10) below, there must be a distance of at least 1.5 metres between each training group or class, or some form of partition which could serve as effective buffer between each training group or class;
- (7) subject to paragraphs (8) to (10) below, each training group or class must consist of no more than 4 persons including the coach;
- (8) subject to paragraphs (9) and (10) below, for a training group or class of more than 4 persons, it must be conducted in a way to ensure that persons are arranged in subgroups of no more than 4 persons and there is a distance of at least 1.5 metres between each sub-group or some form of partition which could serve as effective buffer between each sub-group;
- (9) for team sports, the maximum number of players or swimmers and referees to be allowed in each playing field/pool at any time during competition or training match should follow the rules and regulations of respective sports competition;
- (10) for spectator stands:—
 - (a) seats to be occupied must not exceed 75% of the seating capacity of the spectator stands; and
 - (b) no more than 4 consecutive seats in the same row may be occupied;
- (11) regular environmental cleaning and disinfection on the facilities must be carried out at least daily;

- (12) the following infection control recommendations must be applied to shower facilities:—
 - (a) keep social distancing between users of at least 1.5 metres by opening alternate shower heads if they are not within individual cubicles;
 - (b) carry out cleaning and disinfection of the shower cubicles at least once every four hours;
 - (c) carry out regular environmental cleaning and disinfection on the facilities including storage cabinet at least daily; and
 - (d) forbid sharing of personal items such as towel;
- (13) steam and sauna facilities, if any, must be closed; and
- (14) for requirements and restrictions in relation to group gathering within any swimming pool:—
 - (a) any person participating in a group gathering must take reasonable steps to ensure that the applicable requirements or restrictions, namely the requirements or restrictions as set out in paragraphs (6) to (9) and (10)(b) above, are complied with;
 - (b) any person who organizes any group gathering must take reasonable steps to ensure that the applicable requirements or restrictions, namely the requirements or restrictions as set out in paragraphs (5) to (10) above, are complied with; and
 - (c) any person who controls or operates the swimming pool in which a group gathering takes place must take all reasonable steps to ensure that the applicable requirements or restrictions, namely the requirements or restrictions as set out in paragraphs (5) to (10) above, are complied with.