

**LIST OF APPROVED FOOD ITEMS FOR
LIGHT REFRESHMENT RESTAURANTS**

Licensed light refreshment restaurants may only prepare and sell one of the following groups of food items for consumption on the premises –

Group A

- (1) Noodles / vermicelli in soup with meat, offal, fish or sea food;
- (2) Wantun and dumplings in soup (also known as shui kau);
- (3) Boiled vegetables;
- (4) Tea, coffee, cocoa, any non-alcoholic drink or beverage made by adding water to prepared liquid or powder, and
- (5) Five self-specified snack items 【pre-prepared and supplied from approved / licensed sources, ready to eat after warming / reheating by electricity (excluding deep-frying and stir-frying)】*.

or **Group B**

- (1) Rice congee with meat, offal, poultry, fish, sea food or frog;
- (2) Tea, coffee, cocoa, any non-alcoholic drink or beverage made by adding water to prepared liquid or powder; and
- (3) Five self-specified snack items 【pre-prepared and supplied from approved / licensed sources, ready to eat after warming / reheating by electricity (excluding deep-frying and stir-frying)】*.

or **Group C** (any combination of the following seventeen items)

- (1) Bread, cakes and biscuits;
- (2) Toast including French toast;
- (3) Sandwiches;
- (4) Hot cakes, pancakes and waffles;
- (5) Oatmeal porridge and instant cereals;
- (6) Pastries (baking is not allowed but an electric warmer may be used to keep the pastries warm);
- (7) Eggs (boiled, poached, fried or scrambled);
- (8) Ham, bacon, western sausages, tinned meat and tinned fish;
- (9) Soup (prepared from tinned soup or powdered soup);
- (10) Macaroni / spaghetti in soup prepared from tinned soup or powdered soup;
- (11) Tea, coffee, cocoa, any non-alcoholic drink or beverage made by adding water to prepared liquid or powder;

- (12) Hot dogs;
- (13) Cold cuts (from pre-cooked meat and served cold on the premises) and vegetable / fruit salads;
- (14) Hamburgers (made from ready-to-cook hamburger meat from a licensed food factory or from a lawful source);
- (15) Jelly, tinned or prepared from jelly powder;
- (16) Instant noodles / vermicelli in soup from pre-prepared ingredients enclosed in the packet; and
- (17) Five self-specified snack items 【pre-prepared and supplied from approved / licensed sources, ready to eat after warming / reheating by electricity (excluding deep-frying and stir-frying)】*.

or **Group D** (any combination of the following ten modified items)

- (1) Bread, cakes and biscuits;
- (2) Toast excluding French toast;
- (3) Sandwiches, neither cooked nor fried;
- (4) Sausage rolls and other pastries containing pre-cooked meat (baking not allowed, but a warming oven may be permitted for warming pre-baked meat pies);
- (5) Boiled eggs;
- (6) Tea, coffee, cocoa, any non-alcoholic drink or beverage made by adding water to prepared liquid or powder;
- (7) Hot dogs;
- (8) Cold cuts (pre-cooked roast chicken and roast meat to be served cold on the premises);
- (9) Waffles; and
- (10) Five self-specified snack items 【pre-prepared and supplied from approved /licensed sources, ready to eat after warming / reheating by electricity (excluding deep-frying and stir-frying)】*.

or **Group E** (any combination of the following seven items)

- (1) Preparing sweet soup;
- (2) Double-steamed egg custard;
- (3) Jelly, tinned or prepared from jelly powder;
- (4) Soya bean curd flake (pre-prepared only);
- (5) Tea, coffee, cocoa, any non-alcoholic drink or beverage made by adding water to prepared liquid or powder;
- (6) Desserts (pre-prepared only); and
- (7) Five self-specified snack items 【pre-prepared and supplied from approved /licensed sources, ready to eat after warming / reheating by electricity

(excluding deep-frying and stir-frying)】 *

or **Group F****

- (1) Speciality item (selling one food item);
- (2) Soup (prepared from tinned soup or powdered soup);
- (3) Tea, coffee, cocoa, any non-alcoholic drink or beverage made by adding water to prepared liquid or powder; and
- (4) Five self-specified snack items 【pre-prepared and supplied from approved / licensed sources, ready to eat after warming / reheating by electricity (excluding deep-frying and stir-frying)】 *.

Remarks: * **Please refer to “Specified Snack List”**
 ** **Each application is considered on its own merits**

From 12 June 2002 onwards, Light Refreshment Restaurant licensee may choose a total of five items either from the following 'Specified Snack List' and/or pre-prepared snack items which are not on the “Specified Snack List” for sale. However, these pre-prepared snacks must be obtained from source(s) approved or licensed by the Director of Food and Environmental Hygiene and are ready to eat after warming or reheating by electricity (excluding deep-frying and stir-frying) in these restaurants. Approved / licensed sources for pre-prepared snack items include licensed food factories specialized in the manufacturing of such products, supermarkets and licensed fresh provision shops selling quick/deep frozen commodities in the manufacturers’/processors’ original wrappers, packages or containers. If the applicant wants to sell pre-prepared snacks from the ‘specified snack-list’ and/or not from the ‘specified snack-list’, he may fill in the appropriate part at paragraph (d) of Annex II to the ‘Application for Food Business Licence’ and return it to the respective Licensing Office for processing.

Specified Snack List

(Chinese Snack)

Item No.	Name of Snack Item	Item No.	Name of Snack Item	Item No.	Name of Snack Item
1	Lo shui duck gizzard	24	Deep fried savoury triangle	47	Red bean glutinous rice ball
2	Lo shui chicken gizzard	25	Shrimp dumpling	48	Sesame paste bun
3	Lo shui sliced beef	26	Steamed beef ball	49	Red bean bun
4	Lo shui chicken wing	27	Chicken with Chinese ham and maw	50	Leaf lard bun
5	Boiled egg in tea	28	Chicken claw	51	Egg-yolk and cream bun
6	Spring roll	29	Siu mai	52	Soya bean curd flake
7	Steamed meat bun	30	Steamed sparerib	53	Twisted doughnut
8	Steamed bread	31	Pickled chicken claw	54	Ox tongue crisp
9	Sesame seed cake	32	Chicken claws in black bean sauce	55	Sesame cookie
10	Green onion coil	33	Pan-fried chicken wing	56	Spicy doughnut
11	Vegetarian lo mei	34	Fish ball	57	Shrimp ricesheet roll
12	Snow ball	35	Beef ball	58	Vegetarian ricesheet roll
13	Red bean pudding	36	Pork ball with minced mushroom	59	Barbecued meat ricesheet roll
14	Split peas pudding	37	Cuttlefish ball	60	Beef ricesheet roll
15	Coconut milk pudding	38	Glutinous rice with salted pork	61	Shui Kau
16	Multi layers cake	39	Rice dumpling with lye	62	Steamed dumpling in Chiu Chow Style
17	Turnip pudding	40	Barbecued meat bun	63	Fish dumpling
18	Taro pudding	41	Vegetable meat bun	64	Soup
19	Jelly fish	42	Beef bun	65	Dumpling
20	Deep fried taro pastry	43	Steamed bread roll	66	Chive dumpling
21	Steamed rice dumpling	44	Stuffed dumpling in green wrapping	67	Fresh soyabean sheet roll
22	Mini steamed rice dumpling	45	Sweetened dough	68	Dried soyabean sheet roll
23	Glutinous rice roll	46	Sesame paste glutinous rice ball	69	Seasame roll
				70	Pre-cooked rice dumpling

(Non-Chinese Snack)

Item No.	Name of Snack Item	Item No.	Name of Snack Item	Item No.	Name of Snack Item
1	Sweet coconut bread	19	Brochette of chicken	37	Vegetable salad
2	Pineapple bun	20	Barbecued mackerel pike	38	Curry Kok (Samosa)
3	Dinner bun	21	Pineapple and sausage	39	French fries
4	Mango pudding	22	Raisin muffin	40	Smoked salmon
5	Sago pudding	23	Corn beef croissant	41	Frozen (cooked) shrimp meat
6	Fruit pudding	24	Ham and cheese croissant	42	Frozen (cooked) crab meat
7	Butter puff	25	Egg and tomato sandwich	43	Chicken nuggets
8	Cheese cake	26	Beef sandwich	44	Mixed Vegetable in Beef Roll
9	French bread	27	Ham sandwich	45	Stir Fried Mixed Mushroom in Olive Oil
10	Baked potato (single filling)	28	Ham and cheese sandwich	46	Juicy Beef Salad
11	Boiled egg	29	Pizza (single-flavoured topping)	47	Cold Noodles with Sesame Dressing
12	Waffle with butter and syrup	30	Jelly	48	Crab Roe and Mango Salad
13	Goose liver roll	31	Chicken pie	49	Frozen Omelet
14	Duck meat roll	32	Pancake		
15	Sausage roll	33	Waffle		
16	Brochette of pork	34	Toast		
17	Hot dog	35	Egg tart		
18	Brochette of beef	36	Toasted bread with cheese and cream		